

SUPPORTED SERVICES

LANCASHIRE VOLUNTEER PARTNERSHIP

Contact: 01772 416 417
Visit: www.lancsvp.org.uk

LANCASHIRE CONSTABULARY

Dial: 101
Visit: www.lancashire.police.uk
In an emergency dial 999

LANCASHIRE COUNTY COUNCIL - SOCIAL CARE

Contact: 0300 123 6721
Visit: www.lancashire.gov.uk

THE SILVER LINE

Providing information, friendship and advice to older people.

Contact: 0800 4 70 80 90
Visit: www.thesilverline.org.uk

BLACKBURN WITH DARWEN COUNCIL

Contact: 01254 587547
Visit: www.blackburn.gov.uk

BLACKPOOL COUNCIL - SOCIAL CARE

Contact: 01253 477477
Visit: www.blackpool.gov.uk

NSPCC

Tel. 0800 800 5000
Visit: www.nspcc.org.uk

NEST LANCASHIRE

Contact: 0300 111 0323
Visit: www.nestlancashire.org

SAMARITANS

Contact: 116 123
Email: jo@samaritans.org
(24-hour hour response)
Visit: www.samaritans.org

AGE UK

Contact: 0800 678 1602
Visit: www.ageuk.org.uk

MIND

Contact: 0300 123 3393
Email: info@mind.org.uk
Visit: www.mind.org.uk



Cut and pop this slip through their letter box (if this can be done safely).

WOULD YOU BENEFIT FROM A TELEPHONE BEFRIENDER?

Hello,

I hope you don't mind me reaching out? It's _____ from _____

I thought you may be interested in having a **Telephone Befriender with Lancashire Volunteer Partnership**. I've heard it's a great support network at the moment. Here is the website for you to find out more www.lancsvp.org.uk or **telephone 01772 416417** and refer yourself if you like, or alternatively you can get in touch with me and I can help you find out more and help you make a referral.

I'm available by phone on _____ or I live at _____

Stay safe!